



*The Beth C. Wright Cancer Resource Center provides comprehensive support services for all cancer patients in our community at no charge, and appreciates the generosity of our donors who make it all possible
Helping patients and their families deal with the complexities of cancer!*

Our Mission

To offer hope, knowledge, and support to cancer patients, their families, caregivers, and friends by providing a source of information, social services, and compassion through all stages of the cancer journey.

**Visit our
Website**

December 2023



Updates and reminders

In this issue:

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- **Seed Money Challenge**
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- **Winter Solstice Meditation**

- Happy Holidays! Holiday schedule.

COME SEE THE TREES
at A New Wonderful Community Holiday Tradition!

**BETH'S TREES FOR HOPE
FESTIVAL 2023**
A Beautiful Display of Decorated Christmas Trees!

Beth C. Wright Cancer Resource Center & First National Bank
Invite You

Saturday, December 9th 9 am - 7 pm
Sunday, December 10th 9 am - 2 pm

Join US To Celebrate Beth's Trees For HOPE!
225 High Street, Maine Coast Mall, Ellsworth

Purchase a chance to win your favorite tree!
Come try your chance at the Chance Auction
Come hungry! We have a Food Court
50/50 Raffle

"Believing in HOPE!"

**We Have
Lift-Off!**

**Our SeedMoney Campaign
has Launched. Your
Support TODAY
Can Send it
Skyward!**

#SeedMoneyChallenge

Our garden project, "Food is Medicine, Let's Help Feed Cancer Patients", is participating in the **#SeedMoneyChallenge**, a 30-day fundraising challenge and we could really use your support TODAY! In addition to keeping 100% of the funds we raise from individuals like

you, we have a chance to win a challenge grant of up to \$1000 from SeedMoney based on how much we raise over the course of the 30-day period running from Nov 15 to Dec 15. Just as a small seed can grow into something much larger, a small donation can have a big impact when added with others. Thanks for donating whatever your situation allows.

You can find our donation page here:

<https://donate.seedmoney.org/8673/beth-wright-cancer-center-community-garden-in-rural-maine>

Wreaths For Hope

The fight against cancer never takes a holiday



Once again, the holiday season is fast approaching and everyone at Wreaths For Hope® is excited to reconnect with the people who have supported the fight against cancer and the mission to help veterans and their families in need.

The people at Wreaths for Hope are so proud of what they have been able to accomplish, but there's more to be done. The Fight Against Cancer Never Takes a Holiday and neither does Compassion.

The time is now...so when buying your wreath this holiday season, choose one that provides hope for someone who needs it most.

For more information go to the Wreaths for Hope website:

<https://www.wreathsforhope.org/>



Winter Solstice Meditation + Contemplation.

A Beth C. Wright Cancer Resource Center/Dempsey Center collaborative program

On December 21, when the world tilts towards darkness, there is an opportunity to embrace a turning inward. At this pivotal moment on

Thursday, December 21, from 4:30 pm to 6:30pm, Adrian Roman leads this virtual meditation to celebrate the winter solstice and prepare us for the darkening days of winter. In this session meditations practices and dialogue will focus on topics such as stillness, quiet and renewal.

Using the Dempsey Connects virtual platform, cancer patients and their loved ones in the Beth C. Wright Cancer Resource Center service region can access this program virtually from the comfort of their own home. If you do not have access to a computer at home, these programs may be accessed at the Beth C. Wright Cancer Resource Center, 23 Commerce Park, Ellsworth, Maine.

As with all Dempsey Center and Beth C. Wright Cancer Resource services, this program is free and open to all. This program is possible thanks to the

support of Jane's Trust, a charitable foundation located in Boston, MA, and Hannaford Foundation.

To register go to:

<https://www.dempseycenter.org/dempsey-center-beth-c-wright-programs/>

For more information about this event or receive help with registration call the Beth C. Wright Cancer Resource Center at 664-0339 or email: info@bethwrightcancercenter.org.

The Beth C. Wright Cancer Resource Center's office will be closed on December 25 and January 1 for the holidays.

We will also take a break from regularly scheduled classes, meetings and appointments December 18, 2023 through January 1, 2024.



For more information about this organization and the services it provides with details on programs and classes go to: www.bethwrightcancercenter.org
The Beth C. Wright Cancer Resource Center is located at 23 Commerce Park, Ellsworth, Maine, 04605. Contact us at 207-664-0339, or email: info@bethwrightcancercenter.org.

Beth Wright Cancer Resource Center | 23 Commerce Park, Ellsworth, ME 04605

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